



# Trainingsplan 25/26 FC Frauenfeld



Mannschaft	Montag	Dienstag	Mittwoch	Donnerstag	Freitag	Trainer
2. Liga	19:00 - 20:30 G 5		19:00-20:30 G 5		19:00 - 20:30 G 5	Marco Vintem
4. Liga - 2a Team			19:00-20:30 G 6		19:00-20:30 G 6	Luigi Mazzotta
4. Liga - 2b Team		20:30 - 21:45 G 6		20:30 - 21:45 G 6		Shpend Uka
Senioren 30+			20:30 - 21:45 G 8			Davide Mancuso
Senioren 40+			20:30 - 21:45 G 7			Maurizio Recine
Senioren 50+			20:30-21.45 G 1 + 2			Daniel Salvi
2. Liga - Frauen		19:00 - 20:30 G 10		19:00 - 20:30 G10		Hanspeter Münch
Fördertraining	19:00 - 20:30 G 6					Markus Frei
A - Promotion		19:00 - 20.30 G 5		19:00 - 20.30 G 5	19:00 - 20.30	Fabio Luis
A - 1. Stkl		19.00 - 20.30 G 7		20.30 - 21.45 G 7		Michele Iorio
B - Youth League	19:00 - 20:30 G 8		19:00-20:30 G 4	19:00 - 20:30 G 2		Janis Albert
B - 1. Stkl	19:00 - 20:30 G 4			19:00 - 20:30 G 4		Bekim Limani
C - Youth League	17:30 - 19:00 G 7		17:30 - 19:00 G 7	17:30 - 19:00 G 8		Roman Niederer
C - 1. Stkl.		17:30 - 19.00 G 6		17:30 - 19.00 G 6		Daniel Jung
Da - Prom.	17:30 - 19.00 G 3		17:30 - 19.00 G 3		17:30 - 19.00 G 3	Youssef Marhoussi
Db -1. Stkl.			17:30 - 19.00 G 8		17:30 - 19.00 G 8	Loris Uka
Dc - 7-er a/b			17:30 - 19.00 G 8		17:30 - 19.00 G 8	Miguel Fonseca
Ea - 1.Stkl.	17:30 - 19.00			17:30 - 19.00		Manuel Facci
Eb - 1.Stkl	17:30 - 19.00			17:30 - 19.00		
Ec - 2. Stkl.	17:30 - 19.00			17:30 - 19.00		
Ed - 2. Stkl.	17:30 - 19.00			17:30 - 19.00		
Fa - 1.Stkl		17:30 - 19.00			17:30 - 19.00	Marc Sandmeier
Fb - 1. Stkl.		17:30 - 19.00			17:30 - 19.00	
Fc - 2.Stkl.		17:30 - 19.00			17:30 - 19.00	
G - Jun.			17:30 - 19:00 kleiner Platz			José Pires
Fussball für alle			14:00 - 15:45			Markus Frei
Torhüter						Michael Krucker
	C-D 17.30 -18.30					
Juniorinnen FF-14 / FF17		17:30 - 19:00 G 9		17:30 - 19:00 G 9		Joel Ruh
Juniorinnen FF-17		19:00 - 20:30 G 9		19:00 - 20:30 G 9		Angelo Iorio

**Achtung: Immer Info-Bildschirm beachten, kurzfristige Änderungen möglich!! Kein Training auf fixe Tore!**